

Coaching for Excellence  
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E-Mail: [Kim@CoachingforExcellence.biz](mailto:Kim@CoachingforExcellence.biz)  
Web Site: [www.CoachingforExcellence.biz](http://www.CoachingforExcellence.biz)



**Kim Olver** is a life, relationship and executive coach. Her mission is to help people get along better with the important people in their lives. She teaches people how to live from the inside out by empowering them to focus on the things they can change. She is an internationally recognized speaker,

having worked in Australia and the continent of Africa, as well as all over the United States. She has consulted with the NBA and other major league player development specialists. She is the author of [Leveraging Diversity at Work](#) and the forthcoming book, Relationship Empowerment.

Since 1987, Kim has extensively studied the work of Dr. William Glasser's Choice Theory, Reality Therapy and Lead Management. She was certified in Reality Therapy in 1992 and continued her studies to become a certified instructor for the William Glasser Institute. She is the creator of the new, revolutionary process called, [Inside Out Empowerment](#) based on Glasser's ideas. Since then, she has trained hundreds of social workers, therapists, teachers, and administrators in these ideas. Choice theory is about empowering people to navigate the sometimes difficult course of life--- how to get the most out of the circumstances life provides them. These are incredibly powerful ideas with equal application to one's work and personal lives.

Visit her website at [www.CoachingforExcellence.biz](http://www.CoachingforExcellence.biz) or contact her at (708) 957-6047.

## IMPORTANT INFORMATION PLEASE READ

There are two Intensive Weeks (Basic & Advanced) each are followed by a 30-hour, 6-month Practicum. Following the successful completion of the Advanced Practicum, the participant is recommended to attend a Certification Week. There needs to be an 18-month period between the Basic Intensive Week and attendance at a Certification Week.

Upon completion of the certification process, you may be referred to as a "Reality Therapy Certified" **not** "Certified Reality Therapist".

### Cancellation Policy

You will receive your money back in full should you cancel prior to 60-days of the beginning of the workshop. If you cancel between 30 and 60 days of the workshop starting date, you will receive 50% back. If you cancel between 30 days prior up to the opening day of the training, you will receive 25% of your registration fee back.

The following books by Dr. William Glasser are recommended reading:

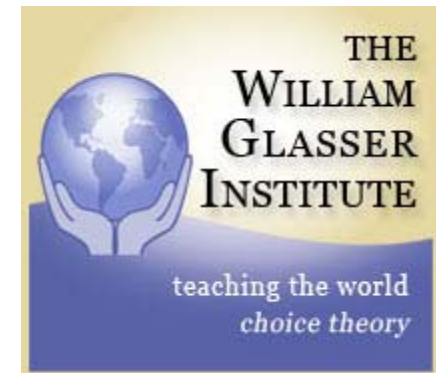
- Reality Therapy
- Choice Theory: A New Psychology of Personal Freedom
- Warning: Psychiatry Can be Hazardous to your Mental Health
- Quality Schools Every Student Can Succeed



## **BASIC INTENSIVE WEEK** **IN REALITY THERAPY**

Presented by  
Coaching for Excellence, LLC

For dates and locations call  
**(708) 957-6047** or go to  
[www.RealityTherapyCentral.com](http://www.RealityTherapyCentral.com)



Under the Auspices of The William Glasser Institute leading to Reality Therapy Certification

### CEUs are Available

NBCC CEUs \* Illinois Social Workers  
\* Illinois Licensed Professional Counselors \*  
\*Illinois Department of Education Teacher CEUs  
**Also available to do staff development workshops at your school organization or place of business**

**Registration Form**  
**Basic Intensive Week**  
**in Reality Therapy**  
Cost: \$500

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Please fill in week you are purchasing:

\_\_\_\_\_

Please check here if you would like information about future training but cannot attend this Basic Intensive Week

Please make check payable to and mail to:

**Coaching for Excellence**  
**P.O. Box 2666**

**Country Club Hills, IL 60478**

**Phone: 708-957-6047**

**E-Mail: [Kim@CoachingforExcellence.biz](mailto:Kim@CoachingforExcellence.biz)**

**Or**

**Go to [www.RealityTherapyCentral.com](http://www.RealityTherapyCentral.com) to purchase online**

The Institute was founded in 1967 by Dr. William Glasser, lecturer, author and board certified psychiatrist.

The training is for those who work in a variety of settings. It is designed to provide a basic understanding of Choice Theory ® and reality therapy. The participant will not only gain a theoretical understanding of the concepts but also experience their application in practice.

The William Glasser Institute at: (800) 899-0688 or  
[www.wglasser.com](http://www.wglasser.com)

*"You cannot make anyone do what he or she does not want to do.  
We can only teach him a better way and encourage him to try it."*

Glasser

## Choice Theory

- Taking the mystery out of behavior
- Why we do the things we do
- How perceptions shape reality
- The four essential components of behavior

## You will learn...

- to use Choice Theory ® and reality therapy in your work setting
- how to work with difficult people
- transferable skills for everyday life
- the 7 keys to strong relationships

Who  
Should  
Attend?

Business

Clergy

Corrections

Counselors

Educators

Health Profes-  
sionals

Psychologists

Psychiatrists

Social Workers

## Reality Therapy

- Four simple questions to promote change
- A model to help people take effective control
- A short-term approach with long-term results
- Practical skills for everyday use

## You will practice how to..

- use Choice Theory ® to guide the RT practice
- use 4 simple questions to promote change
- help others evaluate the effectiveness of their choices
- use the elements of successful plan-making

*Gaining skills to last a lifetime*

## Basic Intensive Week

For dates and locations call (708) 957-6047 or go to

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